

INTELLIGENT TRAINER STUDIO

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The Live Heart Rate Studio Solution by Acentas monitors in real time through a great graphical interface the classes physical efforts while exercising. If you run Spinning classes, or a Crossfit Studio or any fitness class where monitoring the efforts of the class would benefit individuals there is nowhere to hide with the Intelligent Trainer Studio Application! Heart Rate Zones are managed and set by class, the attendees wear their Heart Rate monitors and can watch their efforts via a screen or monitor.

On the standard Live package the results of the session can be emailed directly to the class participant. Up to 20 participants can be monitored in one class. A fantastic Heart Rate monitoring system for groups in the sports hall and the fitness centre. Very clear and concise presentation of live Heart Rate values with great basic statistical analysis.

Combine the Live Studio Heart Rate Software by Acentas with the Intelligent Trainer Studio Package for added monitoring over time, to view fitness progress.

Intelligent Trainer Studio gives the added facility of monitoring all classes over time with individual login options to see the results of all classes attended. Improvements in conditioning and fitness can be seen through clear graphs with the option to 'add a buddy' or other team members to set personal goals and targets.

Intelligent Trainer Studio Software Package Includes

- Bespoke dashboard creation to include up to 2 Dashboards 7 measures for Heart Rate monitoring.
- Maximum of 7 Bespoke Measures created within Dashboards.
- Instructors access and view of class Dashboards.
- Individual Athlete Log-in access to view personal data (charged by individual License).
- Full System Training support package.
- Performance Data Analysis Services.

Add-on Products Available

- Live Heart Rate Studio Solution by Acentas Monitoring system up to 20 HR Monitors receiver range 20 metres.
- Fully programmed Laptop.
- Studio Monitor/TV for live viewing of class Heart Rates.

